



SEPTEMBER 2025

PENNICHUCK LUNCH MENU

Assorted Sandwiches Available
Daily on W/G Bread (Ham, Turkey
Tuna & Sun Butter & Jelly) W/
Vegetable, Fruit & Milk

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL 😊

Pizza Crunchers* w/
Marinara Dipping
Sauce, Seasoned Broc-
coli, Pears, Milk

Chicken Tenders* w/
Dipping Sauce, Potato
Puffs, Seasoned Corn
Kiwi, Milk

Hamburger or Cheese
burger* on a w/g Bun
Baked Lays Potato
Chips, Green Beans
Apple, Milk

W/G Cheese Pizza or
Pizza with Toppings*
Baby Carrots W/ Lite
Ranch Dip, Fruit
Cocktail, Milk

Breaded Mozzarella
Cheese Sticks* w/
Dipping Sauce, Carrots
Applesauce Cup, Milk

NO SCHOOL 😊

Popcorn Chicken*
French Fries, Green
Beans, Animal Crackers
Orange Smiles, Milk

All Beef Hot Dog on a
w/g Bun, Baked Beans
Savory Corn
Strawberry Cup, Milk

W/G Cheese Pizza
Pizza with Toppings*
Marinated Cucumber &
Tomato Salad, Pears
Milk

“The Max” Cheese
Quesadillas, Salsa, Corn
Welch’s Fruit Snacks
Applesauce Cup, Milk

Baked Grill Cheese
Sandwich with or w/o
Ham, French Fries
Green Beans, Tangerine
Milk

Elbow Pasta with Meat
Sauce*, *** Steamed
Broccoli & Cauliflower
Peaches, Milk
ICE CREAM

“Eggo” Mini Confetti
Pancakes*, Egg Patty
Sausage Patty, Potato
Coins, Banana, Milk

W/G Cheese Pizza or
Pizza with Toppings*
3 Bean Salad
Strawberries, Milk

“The Max” Cheese Filled
Breadsticks* w/ Dipping
Sauce, Broccoli, Granny
Smith Apple, Milk

Chicken in Gravy
Mashed Potatoes, Corn
Dinner Roll, Applesauce
Cup, Bug Bite Cookies
Milk

Soft Tortilla Wrap
Tostitos w/ Beef* Cheese,
Salsa, Refried Beans,
Sour Cream, Milk Lett.
& Tomato, Pears

Mandarin Orange
Chicken*, Seasoned Rice
Green Beans, Pineapple
Tidbits, Milk

W/G Cheese Pizza or
Pizza with Toppings*
Baby Carrots w/ Lite
Ranch Dip, Orange
Wedges, Milk

Garlic Pull-Aparts w/
Meatballs, Marinara
Dipping Sauce, Broccoli
Fruit Cocktail, Milk

Chicken Patty* on a w/g
Bun, Baked French Fries
Seasoned Corn
Kiwi, Milk

This institution is an equal opportunity provider
***Harvest of The Month = Cauliflower & Broccoli
MENU SUBJECT TO CHANGE

w/g = Whole Grain * Indicates May Contain Soy

